

Pocket Hug Card: A Beginner's Crochet Guide

Ready to crochet a sweet little heart and turn it into a heartfelt Pocket Hug Card? Follow these detailed, step-by-step instructions—even if you've never touched a hook before!

What You'll Need

- Worsted-weight yarn (Category 4)
- 3.5 mm crochet hook
- Scissors
- Darning/tapestry needle
- Pocket hug cards & Envelops
- Pocket hug cards & Envelops + stickers
- Adhesive Tape

Abbreviations (US terms)

- **mr** = magic ring
- **ch** = chain
- **tr** = treble crochet
- **dc** = double crochet
- **sl st** = slip stitch

Part 1. Crochet the Heart

Step 1: mr, ch1 – Magic Ring, Chain1

What it means: A circular foundation that can be pulled tight.

How to do it:

1. Wrap the yarn twice around two fingers to make an "X".
2. Insert your hook under the front loop, yarn over, and pull up a loop.
3. Carefully slip the loop off your fingers and chain 1 to lock it in place.



Note: This forms a ring where you'll work all your stitches

Step 2: ch 3 – Chain 3

What it means: Add height for the first lobe of the heart.

How to do it:

1. Yarn over.
2. Pull through the loop on your hook — repeat this 3 times.



Step 3: 3 tr into ring – Treble Crochet x3

What it means: Create tall stitches for one curved side of the heart.

How to do it:

1. Yarn over **twice** (3 loops on hook).
2. Insert hook into the center of the ring.
3. Yarn over, pull up a loop (4 loops on hook).
4. Yarn over, pull through 2 loops — repeat until only one loop remains.
Do this three times total.



Step 4: 3 dc into ring – Double Crochet x3

What it means: Add shorter stitches to form the heart's side curve.

How to do it:

1. Yarn over once.
2. Insert hook into ring, yarn over, pull up a loop.
3. Yarn over, pull through 2 loops.
4. Yarn over, pull through final 2 loops.
Repeat three times.



Step 5: ch 1, 3 dc into ring – Chain 1, Double Crochet x3

What it means: Mirror the stitches from Step 4.

How to do it:

Same as before — chain 1, then work 3 double crochets into the ring.



Step 6: 3 tr into ring – Treble Crochet x3

What it means: Create the second curved lobe.

How to do it:

Repeat the treble crochet stitch three times into the ring.



Step 7: ch 3, sl st, ch 1 into ring – Chain 3, Slip Stitch, Chain 1

What it means: Finish off the edge of the heart.

How to do it:

1. Chain 3 as before.
2. Insert your hook into the ring.
3. Yarn over and pull through **both** the ring and the loop on your hook in one motion.



Step 8: Tighten the Magic Ring

What it means: Pull the heart into shape.

How to do it:

1. Grab the short tail from the ring.
2. Pull tightly until the center hole disappears and your heart curves neatly.

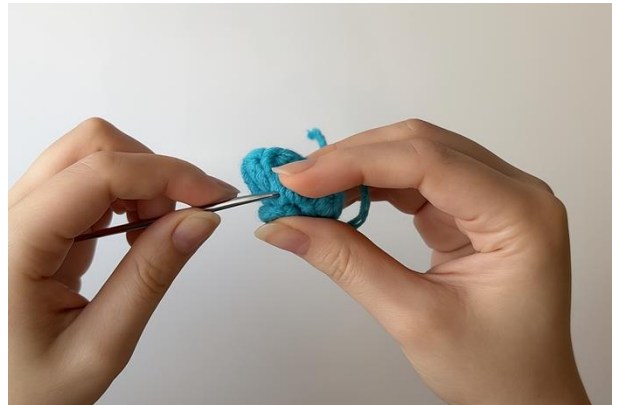


Step 9: Weave in Ends

What it means: Clean up and finish your piece.

How to do it:

1. Thread the yarn tail through a darning needle.
2. Weave it back and forth through the stitches on the back of your heart.
3. Trim off any excess yarn.



Part 2: Affix the Heart to the Pocket Card

Step 1: Lay Your Card Flat

What it means: Prepare the surface for attachment.

How to do it:

1. Place your pocket card face-up on a clean table or desk.
2. The little flap or raised pocket should be facing you — this is where the heart will go.

Step 2: Apply Double-Sided Tape

What it means: Use sticky tape to attach the crochet heart.

How to do it:

1. Take your strip of double-sided tape and peel off one side of the backing.
2. Press the sticky side **directly in the center of the flap area** on the card.
3. Gently smooth it down so it sticks well.



Step 3: Peel the Second Side of the Tape

What it means: Expose the second sticky side.

How to do it:

1. Carefully peel away the remaining backing layer on the tape.
2. Now both the card and the tape should feel tacky to the touch.



Step 4: Place the Heart on the Tape

What it means: Secure the heart to the card.

How to do it:

1. Take your crochet heart and center it directly over the sticky tape.
2. Press it gently but firmly, especially around the curved edges, so every part touches the tape. This helps it stick securely and lay flat.



Step 5: Add a Mini Message (Optional)

What it means: Personalize the card with a loving note.

How to do it:

1. Use a pen or marker to write a short phrase under the heart — just below the pocket flap.
2. Some ideas:
 - “You’re loved ❤️
 - “Warm hugs enclosed”
 - “Keep this close — I’m with you!”



You Did It!

Your Pocket Hug Card is now ready to gift — a heartfelt surprise that’s perfect for friends, kids, or anyone who could use a little extra love. Need help? We are always here! Reach us at support@jccraft.com